



Recommended Packing List

- Health insurance card (**mandatory**), or ID card
- Floorball equipment – stick, indoor shoes, water bottle
- If you own roller, definitely bring that
- T-shirts (sportswear and cotton for casual wear)
- Sweatshirt
- Underwear
- Socks (10 pairs)
- Shorts (3 pairs)
- Cap/hat
- Swimsuit
- Raincoat / 100% waterproof jacket
- Sunscreen
- Outdoor sports shoes (2 pairs)
- Toiletries – toothbrush, toothpaste, shower gel, etc.
- Towels (2) + bath towel
- Shower shoes / slippers
- Sweatpants / windbreakers
- Bag for dirty laundry
- Pyjamas / sleepwear
- Medications – **must be reported to the camp organizers in advance**
- Sun cream
- Flashlight
- Board or card games for free time
- Hand sanitizer
- Bedding (blanket, pillow, sheet) / sleeping bag
- Inflatable mattress / foam mat
- Cutlery (fork, knife, tea spoon and table spoon) and a mug/cup for drinks
- Pocket money (recommended max. CZK 300)
- You can also include a fan

⚠ We do not recommend bringing expensive electronics to the camp.

